PINEAPPLE SWEET TAMALE

Nutrition Facts

Serving Size: 1 (147g)
Servings Per Container: 1

Amount Per Serving

Calories 80	Calories from Fat 35
	% Daily Value*
Total Fat 4g	**6**%
Saturated Fat 2.5g	**13**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 20mg	**1**%
Total Carbohydrate 11g	**4**%
Dietary Fiber 1g	**4**%
Sugars 2g	
Protein 1g	

Vitamin A 0%	•	Vitamin C 20%
Calcium 0%	•	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ORGANIC GROUND CORN MASA FLOUR, WATER, ORGANIC SUGAR, COCONUT OIL , CINNAMON, BAKING POWDER, PINEAPPLE, RED FOOD COLOR

MANUFACTURED BY:
TAMALE ADDICTION
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